

GEPEA (Global Educational & Professional Excellence Academy)



Name of the Program: Graduate Diploma or B.Sc./Bachelor of Science in Physical Education & Sports (BSPES), M.Sc./Master of Science in Physical Education & Sports (MSPES)

Syllabus – Course Outline

Training Mode: **Distance Education/Self Study**

Duration: 10 Months or 1 Year (M.Sc.) or 2 years(Graduate/Bachelors)

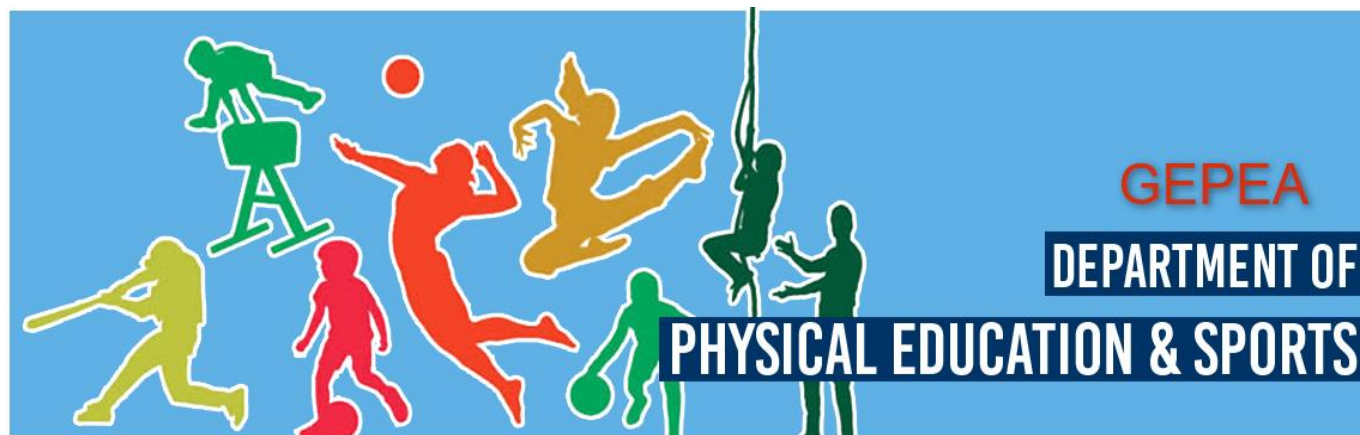
Eligibility: a) 12 class passed in any medium for Bachelors or equivalent degree and Bachelors/Graduate Diploma for Masters Level. **Medium of Instruction:** English.

Credits: (39 Credits = Masters/M.Sc. MSPES Program) or 78 Credits= Bachelor/Graduate BSPES or GDSPES Program..

Syllabus/Course Outlines

BACHELOR OR GRADUATE DIPLOMA/ MASTERS OR POST GRADUATE STUDY IN PHYSICAL EDUCATION & SPORTS

The concentration in curriculum & instruction is one of the Undergraduate and graduate programs in physical education and Sports. The mission of these graduate programs is to educate specialists who will be both leaders and advocates of positive change in their fields. The programs are a response to the growing need for post-baccalaureate competencies in the area of physical education and build on the foundation of general and specialized study achieved in diploma or undergraduate study. The programs emphasize academic excellence and the application of theory into practice to prepare individuals for positions of leadership within the profession. The programs are dedicated to a scholarly environment where students will develop an appreciation of Physical education, sports and training and service.



Serial No.	Syllabus component	Assignment TMA (Tutor Mark Assignment) or Case Study	Board Questions (OBS = Open Book System) Exam.	MCQ (Multiple Choice Questions) 10 Questions (each @ 2 marks)
	Bachelors/Graduate Diploma: 26 Parts/Lessons will count 3 hours each (26 parts/Lessons x 3 hours = 78 hours total) + Including Thesis or Courses = Grand Total 78 Hours only. OR Masters/M.Sc.: 13 parts/Lessons x 3 hours = 39 hours total) + Including Thesis or Courses = Grand Total 39 Hours only.	45	35	20
	Graduate Diploma or B.Sc. Bachelor of Science in Physical Education & Sports (BSPES), M.Sc./Master of Science in Physical Education & Sports (MSPES)	<i>39 or 78 Credit Hours</i>		

SEMESTER-1

BASIC COURSES (12 CREDITS for Masters / 21 CREDITS for Bachelors) * Compulsory Courses* (If you previously taken this courses in Diploma/Bachelors level then you may apply for course exemption).

BSPES/MSPES 201 – Philosophical Foundations of Education/Introduction to Physical Education & Sports Science

BSPES/MSPES 202 – Research Design and Methods OR Research Methods in Physical Education

BSPES/MSPES 203 – Philosophical Basis of Physical Education and Recreation

BSPES/MSPES 204 – Professional Growth and Ethics for Teachers/Professionalism and Ethics in Teaching

BSPES/MSPES 205 – Orientation to Physical Education/Health and Physical Education

BSPES/MSPES 206 – Sports Management and Administration

BSPES/MSPES 207 – Theory and Methodology of Training/ Foundations of Sports Coaching

SEMESTER-2

MAJOR COURSES (15 CREDITS for Masters/42 CREDITS for Bachelors) *Choose 5 subjects only*

BSPES/MSPES 208 – Sport Management Principles and Applications (Case Studies)/Strategic Management in Coaching Sports

BSPES/MSPES 209 – Sport Entrepreneurship: *Developing and Sustaining an Entrepreneurial Sports Culture/* Sports Facility Operations Management/ Strategic Sports Event Management

BSPES/MSPES 210 – Sports Medicine and Sports First AID

BSPES/MSPES 211 – Sports Injuries, Treatment and Rehabilitation
 BSPES/MSPES 212 – Hiking Adventures/ Scouting for Boys
 BSPES/MSPES 213 – Sports Science and Exercise Physiology Testing
 BSPES/MSPES 214 – Health Opportunities through Physical Education
 BSPES/MSPES 215 – Sports Psychology/Sports Psychology for Coaches
 BSPES/MSPES 216 – Sports Nutrition
 BSPES/MSPES 217 – Physical Education for lifelong fitness/ Youth strength training: programs for health, fitness, and sport
 BSPES/MSPES 218 – Physical Education Curriculum Development
 BSPES/MSPES 219: Curriculum in Physical Education & Teacher Education/
 Managing People in Sports Organizations
 BSPES/MSPES 220: Mixed Methods Research in the Movement Sciences: Case Studies in Sport, Physical Education/ Sport Education in Physical Education: Research Based Practice
 BSPES/MSPES 221: Physical Education Curriculum Analysis Tool
 BSPES/MSPES 222: Curriculum Models for Physical Education (*See Resources Links Areas of below*)
 BSPES/MSPES 223: Assessments for Sport and Athletic Performance/ Sports Performance Measurement and Analytics/Advanced Fitness Assessment and Exercise Prescription
 BSPES/MSPES 224: Outdoor Education, Adventure and Learning /Adventure Outdoor Education and Physical Self-concept (A Thesis Study)
 BSPES/MSPES 225: Advance Rules and Techniques of Games/ Outdoor Adventure and Social Theory/Sports Analytics and Data Science: Winning the Game with Methods and Models
 BSPES/MSPES 226: International Sports Law

SEMESTER-3

ELECTIVES (6 CREDITS for Masters or Bachelor)

Any 2 Major Courses from the above mentioned subjects with the approval of the Dean/Faculty of GEPEA.

SEMESTER-4

THESIS/DISSERTATION WRITING (6 CREDITS for Masters or 9 CREDITS for Bachelor)

BSPES/MSPES 230 – Thesis Writing OR

Thesis or any Two/Three of the following Courses in lieu thereof Role of Media in Sports

BSPES/MSPES 227: Planning Sports Facilities/ Sport facility management: organizing events and mitigating risks

BSPES/MSPES 228: Leading Teams: Tools and Techniques /Leadership in Sports

BSPES/MSPES 229: Planning for Sport and Active Recreation Facilities

B.Sc./M.Sc. Physical Education Employ Areas:

- Gyms
- Therapy Centers
- Games
- Colleges & Universities
- Sport Complexes

B.Sc./M.Sc. Physical Education Job Scope:

Athletic Trainer
 Personal Trainer
 Physical Therapist
 Physical Education Teacher
 Recreation Center Director
 Rehabilitation Specialist
 School Gym Teacher
 Sport's Coach

	Project/Thesis/Case Studies			
	<p>Student have to take a Project/Thesis/Case studies as per their major subject in order to complete his/her Graduate Diploma or Masters.</p> <ul style="list-style-type: none">• In case Project/Thesis, respective students should submit 15 to 35 (A4 Size) pages long report. <i>Course Tutor or Concern Authority will assign/fix Project/Thesis Topic or Title with consultation with respective student.</i>• In Case Studies, respective students should submit case studies answer script in written form to the GEPEA within stipulated time frame. <i>Concern Authority will assign case studies question paper in time.</i>			

Resources:

What is Sport Science? | Essentials of Sport Science Lecture

<https://www.youtube.com/watch?v=NJH5os-Spmc>

Articles:

<http://www.thepeproject.com/teaching-models/index.html>

Instructional Models in Physical Education:

<https://www.supportrealteachers.org/instructional-models-in-physical-education.html>

Models Based Practices in Physical Education: A Sociocritical Reflection:

https://pure.strath.ac.uk/ws/portalfiles/portal/122334656/Landi_etal_JTPE2016_Models_based_practices_physical_education_sociocritical_reflection.pdf

Physical Education Curriculum Resources:

<https://www.shapeamerica.org/publications/resources/teachingtools/teachertoolbox/curriculum.aspx>

COURSE MATERIAL

Besides using the traditional books GEPEA has also modernized the learning process by providing students with online portal consisting of –

- **Study Materials (Soft copies)** – PDF of books are provided to students making studies nomadic & convenient. GEPEA Department of Students Affairs will assign Study Materials via Email or other methods after registration and admission.
- The focal point of **GEPEA** study materials is enhancing Practical Education. **GEPEA** Kit provided to applicants is a world full of practical scenarios, explanation in terms of facts rather than theoretical phrases. Customized to be self-explanatory & easy to understand.

- **Faculty Guidance** – GEPEA panel of intellectuals guide students personally with regards to any query through email about any concept in the notes provided, being the author of the same.

EXAMINATION

GEPEA Professionals are given the privilege to answer exams from any examination center in the world along with the freedom to pick the exam schedule for the same, as time permits in the particular examination months of GEPEA. Students are allotted 2 modes of examinations – Home Based/Center Based.

- Question papers would be drafted by **GEPEA** panel of veteran professors which would be TMA (Tutor Mark Assignment), OBS (Open Book System) and MCQ study pattern. A single course will consist 100 marks based on these three pattern of exam types. In each program will consist a major (Thesis Research) course or theory in order to complete the respective Diploma Program.
- This unique & novel methodology teaches a student how to assess business situations and make decisions based upon those assessments, allowing students to display their potential.
- In case of home based/distance learning exams question paper would be emailed to the students, which they would have to answer & courier back to GEPEA office or GEPEA directed authority in the respectable exam slab.
- Candidate also has the option of appearing for Center Based Examination wherein they would have to visit one of the many GEPEA exam centers & complete answering the exam in the duration of 3 hours which wouldn't be an open book examination.

CASE STUDY METHOD & STUDY MATERIAL:

Today communication systems have advanced so much that it is much easier, convenient and quicker to gain expertise via online distance learning. GEPEA offer potential students the opportunity to study through an autonomous online distance learning program. This means that people who can't get traditional further education can still achieve what they want and get their qualifications through Online Distance Learning. That gives the opportunity for a much wider range of people to get the qualifications that they want. Today, thanks to technological advances, higher education is more readily available to those who want it. GEPEA is an institute of excellence offering widest range of autonomous programmes in the field of Business Management and different Professional Training education. In response to the rapidly changing economic environment and the process of globalization, the Academy has made sustained efforts to bring an international perspective to all its wide range of areas and activities.

BENEFITS AND FETURES:

- (i) **Flexible Programs & Curriculum:** You can earn and study at the same time! From GEPEA International Curriculum, Flexibility is the biggest advantage of distance learning courses. This stands true especially if you are a working professional. Not everyone has the luxury of taking their own time to finish their studies. For those who had to take a break from studies to start working, such courses are a boon and provide the opportunity to pursue higher education.
- (ii) **Saves Time & Energy:** You save up a lot of time and energy on commuting. You can stay at any place and pursue a course that is available at GEPEA. Or you might be based out of a remote village or town which does not have enough options for higher studies. Distance learning courses eliminate these obstacles.
- (iii) **MCQ, Case Based Learning:** MCQ, A Case-based approach engages students in discussion of specific situations, typically real-world examples of African, Asian and International companies. Allowing the students to put their

theoretical knowledge to practice.

- (iv) **Study at your own Pace:** Not everyone has the same pace of learning. Some students pick up things fast, others need time to grasp a concept. One of the biggest advantages of distance learning is that you can study at a pace that is comfortable for you.
- (v) **Saves Money:** These courses are almost always cheaper as compared to their on-campus counterparts. You also cut down on the costs incurred while commuting etc.
- (vi) **Personal Fulfillment:** An MBA is the key to unlocking both a professionally and personally rewarding future. Education is the foundation upon which you can build lifelong business and personal achievements. The GEPEA MBA program is designed to enrich your personal life, as well as to keep you informed about a constantly changing industry.
- (vii) **Convenient:** You can submit your assignment with the click of a button or simply drop it off at a post-office! It's sometimes as simple as that!
- (viii) **24X7 Access to Study Material & fellow Students:** This is the best way to study if you are comfortable with internet and technology. You can access your study material online whenever you want and also clear doubts, exchange views and discuss with your virtual class-mates!
- (ix) **Study any Topic You Want:** Since you'd already have all your books/online study material with you, you can pick up any topic/chapter that interests you and tackle that first! This way your interest in the subject is sustained.
- (x) **Higher Level of Self-Confidence:** The knowledge gained through our Correspondence MBA program will enhance your effectiveness in your current position and help define your future career path. It will sharpen your skills in critical business areas, giving you the self-confidence you need to become a leader in your profession.
- (xi) **Specialization:** We provide more than 80 specializations which allow students to gain additional knowledge and background on specific business topics.

ACCREDITATIONS AND RECOGNITIONS:

ITQSM Accredited & International Partnered Professional Academies.

GEPEA has proudly claimed the Excellence in Online Distance Learning Award presented by its Governing Body Really Matters as a token of appreciation for providing top notch education to professionals globally. This solely proclaims that GEPEA is one of the best Professional Academy in the field of online distance learning.

PROFESSIONAL FACULTIES:

GEPEA Faculty members are highly professional, qualified & experienced. Professors provide substantial assistance through 24*7 web support. Each & every query regarding studies, assignments, cases, projects, research are resolved on time & responded with clear, relevant answers on par with syllabus. They update themselves from time to time about the changing market scenario & syllabus. Thus working professionals have chance to get resourceful information by interacting with professors through web-support from time to time. Timely communication & assistance is key to our successful association with our students & our professors believe in same.

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*In case any query, please feel free to contact us via E-Mail:
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www.gepea.education*